

My Daily Block Schedule

Morning	Mid-Morning	Afternoon	Late-Afternoon	Evening	Late-Evening
6:30-9:30am	9:30am-12pm	12-2:30pm	2:30-5:30pm	5:30-8pm	8-10/10:30pm
-Shower -Read Bible -Get ready -Luke wakes -Breakfast -Freeplay -Learning time -Get Luke ready	-Daily/weekly chores -1 load of laundry -Start dinner prep if needed -Errands -Outing -Luke's activities -Walk	-Lunch -Outside time/playtime -Nap -Restful activities for me	-House project with Luke -Errands -Pick up house -Finish dinner	-Family Time -Dinner -Outing/Activity -Clean Up -Luke bath/get ready for bed	-Next day prep -Hang with Colton -Hang with friends -Work on hobbies/projects

Tips:

- I don't do all of these things each day in each block. These are just the things I strive to do each day during these time blocks. It helps me stay productive and get the things done each day that I want to do.
- Stick to 2-3 hour time blocks.